LOVE YOUR LEGACY · FAITH & RECOVERY NETWORK

Made with your own hands

Entrepreneurship Program for Recovery Centres

Real skills, a small honest business, and a future to focus on. A hands-on program for men and women in addictions recovery, built from the skills and resources of Love Your Legacy founder Tay Taylor.



"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters."

COLOSSIANS 3:23, NIV

For centre directors and program staff: pages 2 to 7 set out the program, the maker tracks, the business sessions, and what a centre needs to host it. **Page 8 is for participants**, ready to photocopy and hand out.

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FOR CENTRE DIRECTORS

A way forward, built with their own hands

Dear friends,

Recovery does deep work in a person. Then comes the question every director knows by heart: what happens on the other side of the door? A person leaves with hope, and meets a world that asks where they have been and what they can do. Idle days are dangerous days. Hands that have nothing honest to build will find the old patterns waiting.

This program was built for that doorway. It is its own course, designed from the start for adults in recovery: its pace, its sessions and its support are shaped around life in a centre and the first season after leaving. It draws on the skills and resources of my own work, the cooking and baking, the arts and crafts, and the small business know-how I practise every week. Participants learn to cook and bake, to make beautiful and useful things with their hands, and then to do the brave, ordinary work of starting a small business: choosing a product, pricing it fairly, photographing it well, and selling it honestly on Marketplace, online, and at local markets.

The heart of it is simple. Productive work gives a person a future to focus on. Every finished loaf, every sold craft, every kind word from a customer is proof that their hands can build a life instead of tearing one down. That focus is worth more than any lecture I could give.

Why this matters

Many people in recovery know the buying and selling world well, because it was part of the life that hurt them. This program does not pretend that world away. It redeems the skills inside it, the eye for value, the energy, the hustle, and points them at honest work, honest money, and work a person can be proud to put their name on.

Love Your Legacy is a Christian ministry, and this program is Christian based. Scripture and prayer frame each session, gently and without pressure. Nobody is preached at, nobody is singled out, and your centre's rules and program always come first.

Love Your Legacy is 100% donation based. Sponsors and donors carry the cost of this program so that it can be offered free to recovery centres and free to every participant. Where a centre has a program budget or grant funding it wishes to contribute, that is welcome, and it is never a condition of a visit. Visits are always free. Some centres choose to give an honorarium, or to help with travel and materials, and it is received with thanks.

Talk soon, Tay

Tay Taylor, founder, Love Your Legacy

THE PROGRAM

The program at a glance

Who it is for

- Men's and women's recovery centres, treatment programs and recovery homes
- Participants in the later stages of a program, and graduates in their first season out
- Small groups, so every pair of hands gets time, teaching and encouragement
- All skill levels, including people who have never made anything they were proud of

What participants leave with

- At least one finished, saleable product made with their own hands
- A one-page plan for their first small business (page 8)
- Honest pricing worked out on paper, not guessed
- A first listing, written and photographed, ready to post
- The free Love Your Legacy resources, including the Faith & Recovery library at loveyourlegacy.ca

How it can run

- **Workshop series:** the full eight business sessions, with maker time woven through, one or two sessions a week
- **Maker intensive:** a shorter run focused on one track, ending with a small in-centre market day
- **Single workshop:** one hands-on making session with a taste of the business basics
- **Graduate evenings:** sessions for alumni building their first business after leaving

How each session runs

- A short Scripture reading and prayer to open
- One clear teaching point, in plain language
- Most of the time at the table, making
- A few honest minutes at the end: what worked, what was hard, what comes next

A note on safety and fit

Tools, kitchen work and selling platforms are matched to your centre's rules. Sessions work within your house guidelines on phones, internet use, food handling and visitors, and your staff stay in charge of the room at all times. Where a track does not fit your setting, we choose another together.

"May the favour of the Lord our God rest on us; establish the work of our hands for us, yes, establish the work of our hands."

PSALM 90:17, NIV

LEARN BY MAKING

Three maker tracks, one pair of hands at a time

Every participant starts in the kitchen or at the craft table, not in a textbook. These are the crafts and trades Tay practises and teaches herself, offered at a beginner's pace, with the standard set kindly and clearly: if your name goes on it, it is made well.



Kitchen and baking

- Baking basics taught properly: measuring, mixing, timing, and how to tell when it is done
- Cookies, squares and simple bakes that package and sell well
- Kitchen confidence that carries into home cooking and food work
- Food safety habits, labelling, and honest ingredient lists

Making and building

- Simple wood and garden projects a beginner can finish and sell
- Measuring, sanding, finishing and quality checks
- Repair thinking: seeing what something could become

Arts and crafts

- Hand painted and personalised pieces, cards and seasonal crafts
- Pysanky inspired egg art and other heritage crafts, taught step by step
- Felt and textile work, including simple stitched pieces
- Colour, presentation and finishing, the details buyers notice

Choosing a track

Participants follow the track that fits their interest and your centre's space. A person who loves the kitchen should be in the kitchen. Interest is fuel, and fuel is what carries a new business through its first hard month.

One firm line, taught from the first session: we make and sell our own original work. Licensed characters and copied designs are never sold. A maker's own name and own ideas are worth more, and they keep a business clean.

BUSINESS BASICS

Eight sessions, from first idea to first honest sale

The business teaching runs alongside the making, in plain language, with every step worked on paper before it is tried in the world. Nothing here needs a diploma. It needs honesty, patience, and a pencil.

#	Session	What happens
1	**What could I make?**	Skills, interests and past work, looked at with fresh eyes. Each person names two or three product ideas and one is chosen to test.
2	**Make it well**	Maker track time. First products are made, finished properly, and checked against a simple quality list.
3	**What does it really cost?**	Materials, time, packaging and fees, added up honestly. Participants learn why guessing a price loses money or loses customers.
4	**Price it fairly**	A fair price that covers costs, values the maker's time, and treats the customer well. Discounts and deals, handled without panic.
5	**Show it well**	Phone photographs in good light, honest descriptions, and titles a buyer would actually search for.
6	**Sell it honestly**	Listings go live: Marketplace, online selling such as Amazon, and local markets and craft tables. Safety and honesty rules for each one (page 6).
7	**Money, kept clean**	Tracking every dollar in and out, keeping business money separate, confirming custom order details in writing before payment, and why records protect a person in recovery.
8	**Market day and next steps**	A small market day, in-centre or at a local market where arranged. Each participant finishes their one-page plan (page 8) and names their next three steps.

The thread through every session

Show up. Make it well. Tell the truth about it. Charge fairly. Keep the record. Those five habits are the whole business, and they are recovery habits too.

SELLING WELL

Selling honestly, and keeping it honest



Where participants sell

- **Facebook Marketplace** and local buy and sell groups, for a first sale close to home
- **Online selling, including Amazon,** for handmade work that ships well, once a product has proven itself locally
- **Local markets and craft fairs,** including seasonal markets, where customers meet the maker face to face
- **Word of mouth and repeat customers,** the quiet engine of every small business

Platform rules, fees and sign-up steps change often, so each cohort checks the current terms together before listing. Nothing is promised about sales or income. What is promised is honest teaching and real skills.

The honesty rules, taught plainly

- Describe it exactly as it is, flaws included
- Photograph your own work, never someone else's
- Meet buyers in safe, public places, and follow your centre's guidance while you are in program
- Confirm personalised orders, spelling included, in writing before money changes hands
- Write every sale down the same day
- Keep business money in its own place, separate from daily spending

When a sale goes wrong

Refunds handled kindly, mistakes owned quickly, and hard customers answered without heat. A clean name is a business asset, and for a person in recovery it is worth more than any single sale.

"Commit to the Lord whatever you do, and he will establish your plans."

PROVERBS 16:3, NIV

FAITH & HOSTING

Faith woven through, and a simple way to host

This is a Christian program, and its faith is the quiet kind: a verse at the start of the session, prayer offered and never forced, and the steady truth that a person is a new creation, not a life sentence. The steps of recovery and the steps of building a business rhyme more than people expect. Both ask for honesty, amends where needed, one day at a time, and work done with your own hands.

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

2 CORINTHIANS 5:17, NIV

What a centre provides

- A room with tables and chairs, and kitchen access for baking sessions
- A staff member present, as your own policy requires
- A group size agreed together, and a heads-up about anything that would help the group learn well
- Storage for works in progress, where that is possible

What Love Your Legacy brings

- Teaching, session plans and printed participant sheets
- Starter tools and materials for the chosen track, as supplies allow
- The one-page business plan sheet (page 8) for every participant
- Free Faith & Recovery resources for anyone who wants them

How the program is funded

Love Your Legacy is 100% donation based. This program is offered free to centres and participants because sponsors and donors give toward it: individuals and businesses can sponsor a workshop or a cohort's materials, and centres with a program budget or grant funding may contribute if they wish. Giving is always an invitation, never a condition. To see what Love Your Legacy does and why donations matter, visit the Donate page in the navigation at loveyourlegacy.ca.

It sits beside the speaker visits

Centres that host a Faith & Recovery guest speaker visit, with the Christian 12 steps, Bible studies and free resources, can follow it with this program, so the hope in the room gets hands and a plan. Either one stands on its own.

FOR PARTICIPANTS · YOURS TO KEEP

My first small business plan

One page. Honest answers. Fill it in with your teacher, and keep it somewhere you will see it on a hard day. A small business is built one true step at a time.

The product I will make

Who it is for, and why they would love it

What it costs me to make one (materials, packaging, my time)

My fair price, and how I worked it out

Where I will sell first (Marketplace, a local market, online)

My next three steps, and the dates I will take them

Two people I can ask for honest help

"May the favour of the Lord our God rest on us; establish the work of our hands for us."

PSALM 90:17, NIV

Free help while you build: the Faith & Recovery library, Bible studies and prayer support at loveyourlegacy.ca. If you are ever in danger or crisis, call or text **988** (Canada and the US) first.

Invite this program to your centre

Centre directors and staff: send an invitation through the Contact page at **loveyourlegacy.ca**, and tell us your centre's name, whether you serve men, women, or both, and the group size you have in mind. We will reply with available formats and dates. The program is offered free to centres, carried by sponsors and donors, because Love Your Legacy is 100% donation based.

Talk soon, Tay

Tay and the Love Your Legacy team · loveyourlegacy.ca