a quiet place to begin

Held

Healing Every Life Deeply

GUEST SPEAKER BOOKLET

Healing after childhood sexual abuse.
A guest visit for churches, recovery centres,
and women's and men's groups.

> *"The Lord is close to the brokenhearted and saves those who are crushed in spirit."*
>
> Psalm 34:18, NIV

For the grown child who was hurt, and for everyone who loves them:
you are believed, and it was not your fault.

FOR CHURCH AND CENTRE LEADERS

A visit that leaves hope

Dear friends,

Thank you for opening this booklet. Held is a doorway in our Faith & Recovery ministry for people who were sexually abused as children. Some of them sit in your pews and your program rooms every week, carrying something they have never said out loud. This visit was built for them, and for the people who love them.

I come to this work from the inside. I was a victim of childhood sexual abuse. The wound did not stay in childhood. It travelled with me into adulthood, into sexual addiction, secrecy, and shame. I know that road well. I also know the way out of it, because Jesus walked me out. I am completely delivered, and helping people through this road is my mission.

So a Held visit does not speak from the wound. It speaks from deliverance. The teaching is gentle, Scripture first, and honest about how a childhood wound can grow into an adult addiction. Nobody is asked to share details. Nobody is put on the spot. Your people can sit quietly, listen, and let the Lord begin.

A promise to your people

- The pace stays gentle, with room to pause, breathe, and step out.
- Scripture leads, and every visit ends in prayer, truth, and hope.
- No one is ever asked to tell their story or share details.
- The blame for abuse is placed where it belongs: with the person who harmed the child.
- Real help is left in their hands: counsellors, crisis lines, and recovery doors, free to keep.

If your church, centre, or group is carrying this quietly, we would be honoured to come alongside you. The last pages of this booklet hold what a visit includes, our safeguarding promise, and a resource list for you to keep and share.

Talk soon, Tay

WHAT TAY SPEAKS ON

What a visit includes

Four movements, woven into one gentle visit, shaped to fit your gathering.

A story of deliverance

Tay teaches from her own road: a victim of childhood abuse, years of addiction, then complete deliverance in Jesus. The focus stays on Him and on the way through. No details of abuse are ever shared. Hope leads, and shame is never given the microphone.

You Did Not Know, and It Was Still Wrong

The teaching at the heart of Held. A child often does not understand that what is happening is wrong. A child cannot consent. A child who did not know, did not tell, froze, or thought it was normal carries no blame at all. The wrong was always the adult's, and hearing that out loud sets people free.

When the Wound Becomes a Craving

The addiction bridge. This teaching names the road from childhood violation to pornography, compulsive sexual behaviour, secrecy, and shame, and treats it as a wound that learned to cope, never as a survivor's sin for being wounded. It closes with recovery doors: counselling, groups, and the Faith & Recovery journey.

Prayer, and room to breathe

Quiet prayer ministry in Tay's warm, unhurried way, with Scripture read over your people and time left open for anyone who wants prayer. Nobody is cornered, and nobody performs. Every visit ends in prayer, truth, and hope.

A visit can stand on its own or sit inside a weekend, a service, or a series you are already running. Printed booklets and the resource list in this booklet are left behind, free, for your people to keep.

OUR PROMISE

Held with care

Every Held visit is held inside a strict safeguarding frame. Here is the promise in short.

- **Children are never counselled by this ministry.** Held teaches and prays with adults. Where a child needs help, we point to the professionals and protection services, quickly and clearly.
- **Reporting duties are honoured.** If anything shared before, during, or after a visit names a child at risk, it is answered with the reporting numbers, and reported where the law requires. In British Columbia, report child abuse at **1-800-663-9122**, answered 24 hours a day.
- **No one-on-one contact with minors.** No ministry volunteer is ever alone with a child or youth, and there is no private messaging with children or youth on any platform.
- **Forgiveness is never pressured.** Forgiveness never means silence, reconciliation, renewed access, or avoiding police and child protection.
- **Held is a ministry, not a counselling service and not a crisis service.** The full safeguarding frame lives in the Held Ministry Guide, and we are glad to walk any leader through it before a visit is booked.

The blame for abuse sits with the person who harmed the child. Always. The child carries none of it.

FOR LEADERS TO KEEP

Key numbers to keep

The numbers a leader reaches for first. Every number below was checked on November 2, 2026. Please share this page freely.

Resource	How it helps
A child in immediate danger 911	Call 911 first, before anything else.
Report child abuse in BC 1-800-663-9122	The Ministry of Children and Family Development, answered 24 hours a day. Reporting is a legal duty in BC. You do not have to be certain, and you do not have to give your name.
Helpline for Children 1-877-631-8282	For a child or youth who is unsafe or being abused to call for themselves. Free, 24 hours, no name needed.
Kids Help Phone 1-800-668-6868	Professional counsellors for young people, 24 hours. Text CONNECT to 686868.
VictimLinkBC 1-800-563-0808	Call or text, any hour, confidential, in more than 150 languages. Connects any victim of crime in BC to a local victim service program and to counselling.
Salal Sexual Violence Support Centre 604-255-6344 1-877-392-7583	24-hour crisis and information line. Free, confidential support and counselling for survivors.
BC Society for Male Survivors of Sexual Abuse 604-682-6482	Individual and group therapy for male survivors, victim services, and support for partners and family.
KUU-US Crisis Line 1-800-588-8717	24 hours, BC-wide, Indigenous-led crisis support for adults, Elders, children, and youth.
Suicide and crisis help 988	Call or text 988 anywhere in Canada. If someone is struggling with self-harm or thoughts of suicide, this is the first door, day or night.

The full resource directory, for survivors and for protecting a child, lives in the **Held Ministry Guide** and on the Held page at **loveyourlegacy.ca/faith-and-recovery/held/**.

HOW TO INVITE TAY

Bring Held to your people

If your church, centre, or group is carrying this quietly, we would be honoured to come alongside you.

How to invite Tay

Visits are always free. Some centres choose to give an honorarium, or to help with travel and materials, and it is received with thanks.

1 Timothy 5:18; Galatians 6:6

Reach us through the Contact page at **loveyourlegacy.ca**. Held lives online at **loveyourlegacy.ca/faith-and-recovery/held/**, where survivors and protectors can find the full resource directory any hour of the day.

Thank you for standing with the quiet ones in your care. The Lord sees them, and so do you.

Talk soon, Tay