LOVE YOUR LEGACY · FAITH & RECOVERY NETWORK

You are not forgotten

Faith & Recovery Guest Speaker Visits

Presentations, Christian 12 steps, Bible studies and free resources for recovery centres



A gentle, Scripture-first visit for the people in your centre, led by Tay Taylor, founder of Love Your Legacy. Real hope, in plain language, with something to keep when the visit ends.

> *"The Lord is close to the brokenhearted and saves those who are crushed in spirit."*
>
> Psalm 34:18, NIV

For centre leaders: pages 2 to 5 · **For residents:** page 6 is yours to copy and hand out

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FOR CENTRE LEADERS

A visit that leaves hope in the room

Dear friends,

Recovery is hard, holy work, and the people in your care hear a lot of advice. This visit is different. It is not a lecture and it is not a sales pitch. It is a quiet hour of truth and kindness, where Scripture is opened in everyday language, nobody is singled out, and everyone is reminded that their story is not over.

Love Your Legacy is a Christian ministry built around one conviction: people heal when they are met with truth and love at the same time. Our Faith & Recovery work walks alongside people facing addiction and the wounds that so often sit underneath it, including grief, shame, broken family relationships and church hurt.

Tay comes as a guest and a servant, not as the attraction. She speaks plainly, tells the truth gently, and makes room for people wherever they are with God, including those who are not sure He is there at all. Questions are welcome. Silence is welcome too. No one is asked to share, to stand, or to decide anything in front of the room.

A promise to your centre

Every visit ends in prayer, truth and hope, never in the wound. If a topic could be tender for someone in the room, Tay names that gently at the start, in ordinary words, and anyone may step out, pause, or simply listen. Your staff stay in charge of the room at all times, and your centre's rules come first.

Who this is for

- Recovery centres, treatment programs and recovery homes, for men and for women
- Chapel services, step groups and Bible study groups inside a centre
- Graduation, alumni and family evenings, by arrangement
- Staff encouragement sessions, on request

Love Your Legacy is 100% donation based. Prayer is always free, and every resource in this pack is free to the people who receive it. Centres are never charged for a resident to take part or to take resources home. Visits are always free. Some centres choose to give an honorarium, or to help with travel and materials, and it is received with thanks.

WHAT TAY SPEAKS ON

Four ways to shape your visit

1 Faith & Recovery presentation

The heart of the visit. Tay speaks on hope after addiction: why willpower alone runs dry, how shame keeps people stuck, and how God meets a person in the middle of the mess, not after it is cleaned up. Scripture is woven through real life, and the talk closes with a clear, gentle presentation of the Gospel and an invitation to begin again with Jesus. No pressure, and no one is put on the spot.

2 The 12 steps, with Scripture

The familiar 12 steps, walked through slowly with the Bible open beside them. Each step is paired with the Scripture that gives it roots, from surrender and making amends to prayer and carrying the message to others. Centres may book a single overview session, or a series that takes a few steps at a time at a pace your group can hold.

3 Bible study, led in the room

A warm, unhurried study that people can follow even if they have never opened a Bible before. Short passages, plain words, and time to talk. Favourite starting points include Psalm 34 and the God who stays close, the prodigal son in Luke 15, Isaiah 61 and beauty for ashes, and John's Gospel for anyone meeting Jesus for the first time.

4 Resources, presented to the group

Tay does not just mention the resources, she walks the group through them, page by page, so people know what each one is for and how to use it on a hard night. Everyone leaves holding something, and the centre keeps a set for the next person who walks through the door. The full list is on page 5.

"He has sent me to bind up the brokenhearted, to proclaim freedom for the captives."

Isaiah 61:1, NIV

HOW A VISIT RUNS

Simple, calm, and easy to host

1 **Welcome and settling in.** A warm introduction, a song if your centre would like one, and a gentle word about the tender places the talk may touch, so nobody is caught off guard.

2 **The presentation.** The talk, steps session or Bible study you chose, in plain language, with Scripture read aloud and printed in the handouts so people can follow along.

3 **Time to respond.** Questions, quiet conversation, or simply sitting with it. Anyone who would like prayer may ask, one to one, with staff nearby as your centre prefers.

4 **Resources in hand.** Tay presents the free booklets, prayers and tip-ins to the group and shows everyone where to find the full Faith & Recovery library online, free, at any hour.

5 **A hopeful close.** A short Scripture, a closing prayer, and a blessing spoken over the room. People leave with a next step small enough to actually take.

Choose your length

30 to 45 minutes
Chapel talk or devotional visit

About 1 hour
Talk with discussion and prayer

Half day
Presentation, Bible study and resources

A short series
Weekly visits through the 12 steps

What Tay needs from you: a room, chairs, and a staff member present, as your policies require. A small table for resources is lovely if you have one. No projector or sound system is needed, though Tay can use yours if you prefer.

RESOURCES TO KEEP

Free, and theirs to take home

Everything below is free. Love Your Legacy gives its resources away, supported by the donations of people who believe in the work, so cost never stands between a person in recovery and the help in front of them.

Resource	What it is for
Beginning with Jesus	A gentle 12-page first booklet for someone beginning, or beginning again, with Jesus. What He has done, what changes now, and how to pray.
Meeting Jesus	A 14-page first guide to Matthew, Mark, Luke and John, so a new reader can meet Jesus in the Gospels without feeling lost.
Faith & Recovery topics	A large, growing library of honest, Scripture-first pages on the subjects people actually search for at 2 a.m., from grief, shame and forgiveness to addiction, family pain and starting over. Free to read at loveyourlegacy.ca.
Bible Tip-Ins	Small printed sheets that tuck inside a Bible: verses for hard nights, prayers, and reminders placed right where they will be found.
2 AM Moments	Short, feeling-specific comfort for the middle of the night: a verse and a few kind, true words for fear, loneliness, craving and grief.
Prayer, any time	Anyone may send a prayer request through the Prayer page at loveyourlegacy.ca. Prayer is always free, and requests are prayed over by Tay and the Love Your Legacy team.

Why donations matter

Love Your Legacy is 100% donation based. Donations are what keep these visits, booklets and prayers free for the next centre and the next person. Centres, churches and friends who would like to support the work will find the full picture, what we do and why it matters, on the Donate page in the navigation at loveyourlegacy.ca. Giving is always an invitation, never a condition of a visit.

Printed quantities depend on what is on hand when you book. Tell us your expected group size when you invite Tay, and we will bring what we can and leave your centre a master set to copy.

KEEP THIS PAGE · FOR YOU

For the hard nights

"Come to me, all you who are weary and burdened,
and I will give you rest."

Matthew 11:28, NIV

You do not have to have your life sorted out before God wants you near. He already does. Recovery is one honest day at a time, and you do not walk it alone.

Three small steps for tonight

- **Breathe and pray, even badly.** "Jesus, help me" is a complete prayer.
- **Tell one safe person the truth** about how today actually went.
- **Open one verse** and read it slowly, twice. Psalm 34 is a kind place to start.

Free, whenever you need it

- Faith & Recovery topics, prayers and Bible studies: **loveyourlegacy.ca**
- 2 AM Moments, for the middle of the night, on the same site
- Send a prayer request on the Prayer page. Prayer is always free.

If you are in danger tonight, call 988 first. In Canada and the United States, 988 connects you to suicide and crisis help, free, at any hour. Then let someone near you know. You matter, and help is real.

Invite Tay to your centre

Send a message through the **Contact page at loveyourlegacy.ca** with your centre's name, your town, your expected group size, and two or three dates that could work.

Talk soon, Tay

Tay Taylor · Love Your Legacy · Faith & Recovery Network

Scripture quotations are from the Holy Bible, New International Version (NIV).